

4. If you receive on the tongue, stick out your tongue. If you receive on the hand, immediately place host in mouth BEFORE walking away. As you walk away, consume any particles of the Most Holy Eucharist. If both hands are not free, one must receive on the tongue.

- “The *General Instruction* asks each country's Conference of Bishops to determine the posture to be used for the reception of Communion and the act of reverence to be made by each person as he or she receives Communion. In the United States, the body of Bishops has determined that "[t]he norm... is that Holy Communion is to be received standing, unless an individual member of the faithful wishes to receive Communion while kneeling" and that a bow is the act of reverence made by those receiving (no. 160). A simple bow at the waste is the common and appropriate reverence before receiving (from usccb.org).”
 - If you receive on the tongue, significantly open your mouth and **stick your tongue out**.
 - Each crumb of the host is the fullness of the person of Jesus. If you receive on the hand, place your dominant hand under your flat non-dominant hand. **Consume the host IMMEDIATELY before stepping aside from the priest and walking away. As you walk away check for any crumbs that NEED to be consumed as well.**
 - When receiving in the hand, the communicant should be guided by the words of St. Cyril of Jerusalem (born 313 AD): "When you approach, take care not to do so with your hand stretched out and your fingers open or apart, but rather place your left hand as **a throne** beneath your right, **as befits one who is about to receive the King. Then receive him, taking care that nothing is lost.**"
 - If one of your hands is occupied (with a cane or baby), receive on the tongue.
- When receiving the Precious Blood, handle slowly and take a small sip. Don’t rush.
 - “At the same time an appreciation for reception of "the whole Christ" through one species should not diminish in any way the fuller sign value of reception of Holy Communion under both kinds. For just as Christ offered his whole self, body and blood, as a sacrifice for our sins, so too is our reception of his Body and Blood under both kinds an especially fitting participation in his memorial of eternal life.” (The USCCB on the goodness of receiving Holy Communion under both kinds)
- If you are not able to receive Communion worthily, remain in your pew and pray silently in your heart a spiritual communion:
 - My Jesus, I believe that You are present in the Most Blessed Sacrament. I love You above all things, and I desire to receive You into my soul. Since I cannot now receive you sacramentally, come at least spiritually into my heart. I embrace You as if you were already there, and I unite myself wholly to You. Never permit me to be separated from You. *(Saint Alphonsus Liguori)*
 - If you do come forward, cross your arms over your chest. The Minister will simply bow his head at you in recognition with no words. Bow and return to pew.
- After you have consumed the Communion, praise the Father out loud in song with the entire Body of Christ you have just become one with. Then take a sufficient moment of silence resting in the slow burning stillness of His Presence and this new pulsing oneness.

5. Don’t talk in the church.

Our apostle, Bishop Kemme, recently asked us to pay attention to the same thing:

The Eucharist is something holy, something sacred. Because of this, we should always approach the Lord with the proper attitude and disposition. Our churches must be places conducive of prayer... The Church proper is the place for prayer. It is a place meant for worship and adoration. Socializing and community building, which is important, is best done in the gathering space or in the parish hall ...As for the Church itself, we want to avoid entering too casually or thoughtlessly as though this space is no different from any other ...As we prepare for Mass, I encourage us to fast from technology or from listening to secular music or other entertainments. I highly encourage you to take the time to pre-read the Scriptures for the Mass. There are numerous online supports that can assist us, such as the Magnificat. I believe silence before Mass can be the greatest way to recollect our thoughts and put ourselves in the presence of God. Silence allows us to go into the depths of our hearts, so that we might truly bring everything to the altar ...I often hear from people that they desire the Mass as envisioned the Second Vatican Council, otherwise known as the Novus Ordo, to be more reverent, solemn and transcendent. I completely agree. Because the Mass is the re-presentation of Calvary, by its very nature it is other-worldly and transcendent, but our awareness of what is happening at the Mass and how we celebrate it can also add to that solemnity and reverence. Sacred silence in our churches before Mass and at certain times during the Mass and especially after the Mass I think is critical to this sense of reverence. Bishop Carl A. Kemme’s Eucharist Reflections for the Year of the Eucharist

Holy Family Parish

Florence—Marion—Pilsen

Pastor: Fr. Isaac Coulter



415 N. Cedar, Marion, KS 66861

620.382.3369 Website: hfpmc.org

Email: hfpmarion@yahoo.com

Office Hours: Tuesday - Friday, 9am–3:15pm

Parish Life Administrator: Rose Davidson

Secretary: Alecia Stuchlik

EUCCHARISTIC ADORATION: *Pilsen Tues. 5pm - midnight; Tampa Weds. 8am - noon; Marion Thurs. 6am – Fri. 8am.*

CONFESSIONS ARE HEARD: *30 minutes before every Mass & 3-4pm on Sat., alternating between MN & PL. Also available by appointment.*

BAPTISM, MARRIAGE, PSR, OCIA: *Contact the church office for information.*

Saturday, Florence 5:00pm

EMHC: volunteers

Lector: Julie Scharping

Ushers: Nick Kraus &

Bob Gillett

Gift Bearers: Bob & Debbie

Gillett

Servers: volunteers

Church Cleaners: Lori &

Duane Kirkpatrick

Sunday, Marion 8:30am

EMHC: Diana Blount, Collette Haslett,

Rose Vinduska

Lector: Jymer Raymer

Ushers: Doug Marler, Kevin Jirak

Gift Bearers: Drew Salsbury family

Servers: Jaxon & Ryker Salsbury, Cooper

Jirak

Rosary: Theresa Cady

Coffee & Rolls: Josh & Shannon Cooper

Church Cleaners: Mikael & Jan Peters

family

Parish Announcements

- **FOR CORPUS CHRISTI** this Sunday there will be a special Eucharistic procession at 2pm in MN.
Adoration will start at 9:30am after MN Mass and go until the 2pm procession. Adorers can show up according to last name.
A-J 9:30-10:30am, K-P 10:30-11:30am, R-S 11:30am-12:30pm, T-Z 12:30-2pm.
- **THURSDAYS AT THE MUSEUM!** This summer enjoy a fun, family afternoon on Thursdays in Pilsen. Attend Mass at noon, pack a lunch and have a picnic, and then explore the museum at 1:00. Indoor and outdoor scavenger hunts are available, and each child receives a sticker and Fr. Kapaun medal. Join us to explore the museum and learn about Fr. Emil!
- **With the new ramp going in**, the parish would like to form a landscaping team to work in conjunction with the buildings and grounds guild to update the beauty of all of our campuses. If you would like to be involved in the creation and upkeep of the landscaping, please contact the church office.

Corpus Christi

June 22, 2025

THIS WEEK’S HOLY MASSES & INTENTIONS

Tues., 6/24 - Fri., 6/27

NO MASS

Sat., 6/28 Florence 5pm

For the Parish

Sun., 6/29 Marion 8:30am

+Sunny Herman

Pilsen 10:30am

+Renee Makovec

Liturgical Assignments for June 29, 2025

Sts. Peter and Paul, Apostles

R 750 B 1057

Homebound EMHC: **Marion:** Peggy Kleiber

Hillsboro: Anna Kristek, Rose Vinduska

Sunday, Pilsen 10:30am

EMHC: Laverne Bina, Sharon

Gutsch, Vickie Jirak

Lector: Tom Oborny

Ushers: Dale Klenda, Dennis Klenda,

Phillip Klenda, Val Klenda

Gift Bearers: Daniel & Melissa Stuchlik

family

Servers: Kollin Klenda, Silas Klenda,

Cameron Marsden

Rosary Leaders: Angie Stika

Your Contribution for June 14 & June 15

\$4,108.00

Weekly Operating Budget

\$6,000.00

Overage (Shortfall)

(\$1,892.00)

FRESH FLOWERS

will be placed in front of the MN altar for your loved one for a donation of \$50.

Contact the church office to get on the list.

The bouquet for this Sunday, June 22nd, is in honor of Ken & Malinda Stuchlik’s 45th wedding anniversary.



UPCOMING PARISH EVENTS

Tues.-Fri., June 24-27 - NO daily Mass. Fr. Isaac will be at Prayer and Action.

Fri., June 27 - DEADLINE to RSVP for Parish Vacation. <https://bit.ly/4jCam5a>

Sat., June 28 - Extra confessions, PL 3-4pm

Wed., July 9 - Sacristan training, MN 7pm

Mon.– Fri., July 13-18 - Totus Tuus. Registration forms are online at hfpmc.org and in office.

Fri.-Sun., Aug. 8-10 - Parish Vacation, Camp White Memorial

Prayer List

Lisa Hanschu	Rita Brennan	Jeremy Schlehuber	Candee Thode, <i>Daniel Stuchlik's sister</i>
Charlotte Casey	Jay Smith	Jake Smith	Mary McCarthy, <i>Ann Holt's sister</i>
JoAnn Nowak	Demetry Evancho	Lea Schwart	Tom Yazel, <i>Brad Yazel's father</i>
Delores Svoboda	Larry Rudolph	Jackie Palic	Harlan Knight, <i>Linda Judd's grandson</i>
Terry Holt	Robin Zimmer	Tim & Amy Vogel	Levi Williams, <i>Collette Haslett's nephew</i>
Laurie Holub			Elaine Stirn, <i>Art Stroda's sister</i>
Loretta Reising, <i>Sarah Fenske's aunt</i>			Tom Reichenberger, <i>Julie Carlson's father</i>
Beth Bouflog & family, <i>Susan Ross's daughter</i>			Perry Schump, <i>LaVada Holub's nephew</i>
David Staatz, <i>Art Stroda's brother-in-law</i>			Deanna Saba, <i>Lou Voelker's daughter</i>
Melissa Arnold, <i>Sarah Fenske's friend</i>			LaVerna Molleker, <i>Don Molleker's mom</i>
Vince Truax, <i>Rita Brennan's brother-in-law</i>			Dan Sobczynski, <i>LaVada Holub's nephew</i>
Cassandra Montoya, <i>Bob & Marlene Herzet's friend</i>		Charles Horinek, <i>Jim & Norma Horinek's nephew</i>	
Bob Grochowsky, <i>Don & Jeannie Vinduska's brother-in-law</i>		Ben Klenda, <i>Mark Klenda's brother</i>	
Jillian Ledford, <i>niece of Don & John Vinduska & Carol Wituk</i>		Taia Tinsley, <i>Pat Holub's daughter-in-law</i>	
Connie Whitcomb, <i>Duane & Lori Kirkpatrick's friend</i>		Sharon Hatfield, <i>Mark Klenda's sister</i>	
Jacque Havice, <i>Peggy Kleiber's sister-in-law</i>			

HOME BOUND & NURSING HOME: Tillie Schafers, Madonna Schafers, Susan Ross, Walter Plus, Kathleen Oborny, Irma Benda, Fr. Paul Oborny, Mary Griffith, Charlotte Houle

DON'T FORGET!

- ◆ **MASS INTENTION POLICY:** We will do our best to honor your preferred location for Mass intentions. However, to make sure that they are said in a timely manner, we may have to schedule intentions at other sites. Any intention not scheduled after 2 years will be sent elsewhere.
- ◆ **MN PSR MEAL LEADER NEEDED:** Theresa Cady is stepping down from taking charge of the MN PSR meals. We thank her for her time and effort to make the meals a great part of PSR! If you are interested in planning and shopping for PSR meals, please contact the office.
- ◆ **VOLUNTEER** to help out with Totus Tuus! Helpers, meals, and lodging needed. Contact Laura Bina at lauraklenda@gmail.com.

GET INVOLVED

- **MN adoration hour needed:** 10-11pm & 11-12pm Thursdays. Contact Theresa Cady at 620-382-7216.
- If you want to do adoration, but not commit to a regular time, sign up to be a substitute!
- **Ask the office about joining a Holy Family Group** - a guided friendship with Father Isaac.
- **Saturday mornings charitable work with Father:** meet at 10am in Marion church.
- **Potluck after noon Mass** every Wed. in Marion and 1st Thursdays in PL.

PARISH VACAY!

** Holy Family Parish will cover the cost of food, activities, and part of lodging fee.**

Fill out a form at <https://bit.ly/4jCam5a>. Deadline to RSVP is June 27th.

This is your last chance!

*Cabins have 8 bunks & 1 bathroom in each room. Only 3 cabin rooms left! However, there are plenty of tent spots!

If you would like to only come during the day on Saturday, we'd love to have you join us! The cost is \$10 per person for a day pass. Since we need an accurate count for meals and participation in activities, you still need to RSVP.

The Rules of the Dance—The Laws of Relationship

To the first Christians gathered in Corinth, Paul wrote a letter saying:

The cup of blessing that we bless, is it not a participation in the blood of Christ? The bread that we break, is it not a participation in the body of Christ? Because the loaf of bread is one, we, though many, are one body, for we all partake of the one loaf. . . . Therefore whoever eats the bread or drinks the cup of the Lord unworthily will have to answer for the body and blood of the Lord. A person should examine himself, and so eat the bread and drink the cup. For anyone who eats and drinks without discerning the body, eats and drinks judgment on himself.

(1 Corinthians 10:16-17; 11:27-29).

What are the requirements to receive Communion worthily? Meaning, how can I live in communion fully with Jesus and my brothers and sisters, and therefore satisfy the deepest desires of Christ's heart and your heart and my heart?

1. One must be a baptized and confirmed Catholic, who assents to the 2000 year tradition that this truly is the entire physical person of the Risen One, to receive Communion.
 - One is in full communion with Christ in His Body the Catholic Church, and can eat Communion worthily, if he or she has become fully one with Christ and the Church in Baptism and Confirmation. If you bring a non-Catholic friend, notify him of this reality.
 - A child baptized Catholic, after their first Communion, can receive Communion worthily before they are fully initiated into the Body of Christ at Confirmation.
 - One is in full communion with Christ in His Body the Church, and can eat Communion worthily, if he or she assents to the fact that the bread we eat truly is the entire person of Jesus, all of His Resurrected Flesh and Blood and Heart.
 - One is in full communion with Christ in His Body the Church, and can consume Communion worthily, if he or she hasn't broken his or her communion with Jesus and His Church by freely and knowingly choosing to commit a grave action or thought that breaks this relationship with Jesus and others.
 - I do a mortal (deadly) sin when I freely say, think, or do something that I know is gravely wrong.
 - Some examples of gravely wrong thoughts, words, or actions: choosing to break Communion with Jesus and His Body the Church by intentionally missing Mass, the highest expression and source of our oneness, on any Sunday and other Holy Days of Obligation, blaspheming God, acting in serious disobedience against proper authority, including neglecting parents in their need, committing murder, including abortion and euthanasia, harboring deliberate hatred, verbal or physically abusing others, engaging in sexual activity outside the bonds of a valid marriage, including pornography and masturbation, artificial means of contraception, stealing, speaking maliciously or slandering people in a way that seriously undermines their good name, lying seriously, inhibiting my rational capacity by getting drunk or high, turning my back on someone in severe need, receiving the Eucharist unworthily. All these actions are to choose something other than my relationship with Jesus and His People.
 - “I say to you, whoever is angry with his brother will be liable to judgment, and whoever says to his brother, ‘Raca,’ will be answerable to the Sanhedrin, and whoever says, ‘You fool,’ will be liable to fiery Gehenna. Therefore, if you bring your gift to the altar, and there recall that your brother has anything against you, leave your gift there at the altar, go first and be reconciled with your brother, and then come and offer your gift.” Matthew 5:22-24
2. One must have confessed out loud to Jesus' priest each mortal sin, including missing Sunday Mass, before receiving Communion.
 - Jesus wants to mend our relationship and make it new. He chooses to do so through the ancient gesture of Confession. Jesus brings me back to life by renewing our relationship, when I confess each one of my mortal sins out loud to Jesus' priest. We have to confess all our mortal sins before we are in full communion with Christ and His Church and can receive communion worthily. (If I die in the state of a mortal sin, I continue to live in the eternal hell of choosing myself. If I confess my mortal sins out loud to a priest, I begin to live heaven now, which is togetherness with the Father and others in this New Garden-Universe.)
3. One must fast one hour before receiving Communion. Consider including fasting from screens.
 - One can receive Communion worthily if he or she has not eaten or drank anything (including gum) one hour before receiving Communion. Water and medication can be consumed within the hour of receiving Communion. Fast for one hour, including from screens.