

PRAYER: REMEMBERING DESIRE
(pray at home/work-prayer-altar)

1.At waking: *Come Creator Spirit,
come through Mary.*

2.Morning: *Angelus*

3.Midday: *Angelus*

4.Evening: *Angelus*

5.Bedtime: *Memorare* +
Examination of Conscience +
Thanksgiving Ritual

❖15 min./day of Silence + Scripture
(breathe the name of *Jesus*)

❖60 min./week of Silence + Scripture

The Angelus
V. O God, come to my assistance.
R. O Lord, make haste to help me.
V. The Angel of the Lord declared unto Mary,
R. And she conceived of the Holy Spirit.
V. Behold the handmaid of the Lord.
R. Let it be done unto me according to Your Word.
V. And the Word was made flesh,
R. And dwells among us.
V. Hail Mary full of Grace, the Lord is with you. Blessed are you among
women and blessed is the fruit of your womb, Jesus.
R. Holy Mary, Mother of God, pray for us sinners now and at the hour of
our death. Amen.
V. Pray for us, O holy Mother of God.
R. That we may be made worthy of the promises of Christ.
V. Let us pray. Pour, O Lord, your grace into our hearts that we, who have
come to know through the annunciation of the Angel of the Incarnation of
your Son Jesus Christ, may by His Passion and Death be brought to the
glory of his Resurrection. Through Christ our Lord,
V. Glory be to the Father and to the Son and to the Holy Spirit.
R. As it was in the beginning, is now, and ever shall be, world without end.
V. Come Holy Spirit.
R. Come through Mary.

The Memorare
Remember, O most gracious Virgin Mary,
that never was it known
that anyone who fled to thy protection,
implored thy help,
or sought thine intercession
was left unaided.
Inspired by this confidence,
I fly unto thee, O Virgin of virgins,
my mother;
to thee do I come, before thee I stand,
sinful and sorrowful.
O Mother of the Word Incarnate,
despise not my petitions,
but in thy mercy
hear and answer me.
Amen.

The Rosary + The Litany of Loreto
Lord have mercy.
Christ have mercy.
Lord have mercy.
Christ hear us.
Christ graciously hear us.
God, the Father of heaven,
have mercy on us.
God the Son, Redeemer of the world,
God the Holy Spirit,
Holy Trinity, one God,
Holy Mary,
pray for us.
Holy Mother of God,
Holy Virgin of virgins,
Mother of Christ,
Mother of the Church,
Mother of Mercy,
Mother of divine grace,
Mother of Hope,
Mother most pure,
Mother most chaste,
Mother inviolate,
Mother undefiled,
Mother most amiable,
Mother admirable,
Mother of good counsel,
Mother of our Creator,
Mother of our Saviour,
Virgin most prudent,
Virgin most venerable,
Virgin most renowned,
Virgin most powerful,
Virgin most merciful,
Virgin most faithful,
Mirror of justice,
Seat of wisdom,
Cause of our joy,
Spiritual vessel,
Vessel of honour,
Singular vessel of devotion,
Mystical rose,
Tower of David,
Tower of ivory,
House of gold,
Ark of the covenant,
Gate of heaven,
Morning star,
Health of the sick,
Refuge of sinners,
Solace of Migrants,
Comfort of the afflicted,
Help of Christians,
Queen of Angels,
Queen of Patriarchs,
Queen of Prophets,
Queen of Apostles,
Queen of Martyrs,
Queen of Confessors,
Queen of Virgins,
Queen of all Saints,
Queen conceived without original sin,
Queen assumed into heaven,
Queen of the most holy Rosary,
Queen of families,
Queen of peace.
Lamb of God, who takes away the sins of the world,
spare us, O Lord.
Lamb of God, who takes away the sins of the world,
graciously hear us, O Lord.
Lamb of God, who takes away the sins of the world,
have mercy on us.
Pray for us, O holy Mother of God.
That we may be made worthy of the promises of Christ.
Let us pray.
Grant, we beseech thee,
O Lord God,
that we, your servants,
may enjoy perpetual health of mind and body;
and by the glorious intercession of the Blessed Mary, ever Virgin,
may be delivered from present sorrow,
and obtain eternal joy.
Through Christ our Lord.
Amen. singthehours.org/

Holy Family Parish
Florence—Marion—Pilsen
Pastor: Fr. Isaac Coulter



415 N. Cedar, Marion, KS 66861
620.382.3369 Website: hfpmc.org
Email: hfpmarion@yahoo.com
Office Hours: Tuesday - Friday, 9am–3:15pm
Parish Life Administrator: Rose Davidson
Secretary: Alecia Stuchlik

EUCCHARISTIC ADORATION: *Pilsen Tues. 5pm - mid-
night; Tampa Weds. 8am - noon; Marion Thurs. 6am
– Fri. 8am.*
CONFESSIONS ARE HEARD: *30 minutes before every
Mass, or by appointment.*
BAPTISM, MARRIAGE, PSR, RCIA: *Contact the church
office for information.*

Saturday, Florence 5:00pm
EMHC: volunteers
Lector: Bob Gayle
Ushers: James Cyr, Reilly
Reid
Gift Bearers: Ron & Bev
Cooper
Servers: volunteers
Church Cleaners: Pat &
Mary Zogelman

Sunday, Marion 8:30am
EMHC: Diana Blount, Debra Raymer,
Loretta Turk
Lector: Lloyd Davies
Ushers: Kevin Jirak, Donald Raymer
Gift Bearers: Donald Raymer family
Servers: Jordy & Jymer Raymer, Cooper
Jirak
Rosary: Theresa Cady
Coffee & Rolls: Charles & Kay Tajchman
Church Cleaners: Gene & Bruce Winkler

SYMPATHY is extended to the family of Robert
Neuwirth, who died Fri., July 19th. The Church cele-
brated the funeral rites for Robert beginning with the
Vigil Vespers for the Dead on Weds., July 24th at
7pm in Pilsen. The funeral celebration continued
with the Funeral Mass on Thurs., July 25th at 10am
in Pilsen. The funeral concluded with the Rite of
Committal in the Pilsen Cemetery. Please keep his
soul and his family in your prayers.

MARK YOUR CALENDARS!

Adoration Under the Stars is coming to Pilsen on Wed., August 21st!

UPCOMING PARISH EVENTS

Mon., July 29 - Untold Blessing Study at 6:30pm in the MAC
Fri., Aug. 2 - First Friday Mass, Tampa 6:30pm. Confessions 5:30pm before with First Friday Devo-
tions at 5:50pm and Rosary at 6pm. No Marion Mass.
Wed., Aug. 7 - K of C meeting, PL 7pm
Thurs., Aug. 15 - Holy Day of Obligation, Assumption of the Blessed Mother. Masses: MN noon,
PL 7pm.

17th Sunday in Ordinary Time

July 28, 2024

THIS WEEK’S HOLY MASSES & INTENTIONS
Tues., 7/30 Marion 5:30pm + William Dawson
Weds., 7/31 Marion 8am + J.C. Eichenberger
Thurs., 8/1 Pilsen 8am + Vernie Konecny
Fri., 8/2 **Tampa 6:30pm** + John & Rose Stimac
Sat., 8/3 Florence 5pm + James Pettera
Sun., 8/4 Marion 8:30am For the Parish
Pilsen 10:30am + Eugene Vinduska

Liturgical Assignments for August 4, 2024

18th Sunday in Ordinary Time R 630 B 1000

Homebound EMHC: **Marion:** Mark Tajchman
Hillsboro: Mark & Pam Jones

Sunday, Pilsen 10:30am
EMHC: Sharon Gutsch, Gary Stuchlik,
Laverne Bina
Lector: David Oborny
Ushers: Phillip Klenda, Val Klenda,
Ralph Klenda, Gene Welter
Gift Bearers: Gene & Valerie Welter
Servers: Kollin Klenda, Kole Kroupa,
Konnor Nickel
Rosary: Laverne & Harriet Bina

Your Contribution for July 20 & 21	\$4,944.80
<i>Weekly Operating Budget</i>	\$5,300.00
<i>Overage (Shortfall)</i>	(\$355.20)

THANK YOU to the McLinden family for the
memorials they designated. Patty McLinden’s
memorial was for the Chaplain Kapaun Legacy
Fund. Dick McLinden’s memorial was for the Fr.
Kapaun Knights of Columbus Council. The
memorials are greatly appreciated.

Prayer List

Lisa Hanschu	Robert Raleigh	Jeremy Schlehuber	Candee Thode, <i>Daniel Stuchlik’s sister</i>
Charlotte Casey	Jay Smith	Jake Smith	Mary McCarthy, <i>Ann Holt’s sister</i>
JoAnn Nowak	Demitry Evancho	Lea Schwart	Tom Yazel, <i>Brad Yazel’s father</i>
Tillie Schafers	Delmer Fink	Larry Rudolph	Sheila Williams, <i>Donna Fink’s daughter</i>
Terry Holt	John Oborny	Fr. Paul Oborny	Levi Williams, <i>Collette Haslett’s nephew</i>
Rita Brennan	Eddie Weber	Tim & Amy Vogel	Elaine Stirn, <i>Art Stroda’s sister</i>
Mary Griffith	Tom Darnley, <i>Pat & Laurie Holub’s friend</i>		Loretta Reising, <i>Sarah Fenske’s aunt</i>
Beth Bouflog & family, <i>Susan Ross’s daughter</i>			Perry Schump, <i>LaVada Holub’s nephew</i>
David Staatz, <i>Art Stroda’s brother-in-law</i>			Deanna Saba, <i>Lou Voelker’s daughter-</i>
Melissa Arnold, <i>Sarah Fenske’s friend</i>			LaVerna Molleker, <i>Don Molleker’s mom</i>
Vince Truax, <i>Rita Brennan’s brother-in-law</i>			Dan Sobczynski, <i>LaVada Holub’s nephew</i>
Cassandra Montoya, <i>Bob & Marlene Herzet’s friend</i>		Charles Horinek, <i>Jim & Norma Horinek’s nephew</i>	
Bob Grochowsky, <i>Don & Jeannie Vinduska’s brother-in-law</i>		Ben Klenda, <i>Mark Klenda’s brother</i>	
Jillian Ledford, <i>niece of Don & John Vinduska & Carol Wituk</i>		Taia Tinsley, <i>Pat Holub’s daughter-in-law</i>	
Connie Whitcomb, <i>Duane & Lori Kirkpatrick’s friend</i>		Sharon Hatfield, <i>Mark Klenda’s sister</i>	
Molly Tittsworth, <i>David Long’s granddaughter</i>			

HOME BOUND & NURSING HOME: Madonna Schafers, Susan Ross, Walter Plus, Kathleen Oborny, Glennis Monares, Irma Benda, Sunny Herman

POPE FRANCIS TWEETS:

We need a new bond between the young and the elderly. May those with more life experience water the shoots of hope of those who are still growing. May we come to know the beauty of life and build a fraternal society.

Let us pray, brothers and sisters, for peace. Let us not forget tormented Ukraine, Palestine, Israel, Myanmar, and many other countries that are at war. Let us not forget, let us never forget, war is a defeat!

Beware of the dictatorship of 'doing'! Let us learn to take a break during the day: let us take a moment to be with ourselves and with the Lord. Let us find some kind of 'inner desert' amidst the noise and activities of each day.

FORMED.ORG: To register at [signup. formed.org](#): type "Holy Family, Marion, KS" in the box; type in your email & name; click "sign up". This will prompt you to open your email to authenticate. Download the FORMED app after. Contact Mary Jirak (mrsjirak@gmail.com) or Vickie Jirak (vickie_jirak@hotmail.com) for questions.

Prayer: a practice in maintaining an awareness of the Other, attending to the Other. A practice in being still in the real, in the present moment.

Experience Christ in the Sacred Scripture and Sacred Silence by the Practice of the ancient Lectio Divina: A divinizing praying of Scripture (not simply a moralizing study of Scripture). Don't ask "what lesson can I learn here?" as if Jesus was simply a wise guru in the past sent to teach me how to be nice. Approach Scripture approaching a Person, who is Fire, who will change me into fire simply by being in His presence.

- In preparation for prayer, go for a walk in silence or something else to slow down and quiet down.
- Go to your prayer-spot, at your prayer-time after leaving your phone in a different room.
 - Make a home altar in the corner of your room.
 - Keep it simple: a small table, a pretty sheet or cloth, a crucifix or icon, a candle, a bible.
- Set a timer for your prayer-duration (10-30 minutes), and light the candle.
- Pray “Come Holy Spirit. Come through Mary.” (out loud, if with another) Or, the following:

God, come to my assistance.
O Lord, make haste to help me.
Mary. Mother.
Cover me.
Help me be little. Help me be simple.
Help me to sit still and breathe.

Spirit. River.
Flow freely.
Help me to pray. Pray you yourself in me.
Help me breathe you as you breathe me.

Jesus. Beloved.
Have mercy.
Through you and with you and in you

Abba. Father
of all, who is over all and through all and in all,
who fills all things in every way.
In you I live and move and have my being.
You who make me You
who are more me.
Draw
me
down to the depths of who I truly am.
Take
me
back to the beginning of who I was when I was five.
You.
You, The Reality.
You, The Here.
You, The Now.
I am here now with you
breathing deeply . . . Jesus . . . Jesus . . .

- Then sit up and sit still with your hands in your lap, face up or down. Eyes closed (or open towards an icon). “Let us sit still and keep our attention fixed within ourselves.” - St. Evagrius
- Take slow, deep breaths. Pay attention to the physical sensation of your breathing. “The soul that is united and transformed in God breathes God in God with the same divine breathing with which God, while in her, breathes her in himself.” -St. John of the Cross
- Lastly, combine the name “Jesus” with your breathing. Breathe in...then breathe out the name “Jesus”. Or, breathe in the name “Jesus”...then slowly breathe out in silence. Or, breathe in the first syllable “Je-”, and exhale slowly the second syllable “-sus”. Simply sit still and pay attention to your breath and the name “Jesus”. “With your breathing combine watchfulness and the name of Jesus.” - St. Hesychios
- Whenever you find that your attention has been stolen by thoughts, gently bring your attention back to the breathing of the name “Jesus”.
 - Pay attention to, maintain an awareness of, the presence of the Other.
- After doing this for a while, read slowly out loud the daily Mass Gospel or psalm or anything that struck you in Liturgy of the Hours or anything else from Scripture. Read only a little. (out loud, even when alone)
- Give the Spirit a moment of silence to work—maybe return to breathing the name of Jesus.
- Read slowly out loud again the Scripture passage. When the Spirit highlights a word, phrase or image, begin to “chew” on that word, phrase, or image repeating it slowly to yourself (maybe in combination with your breath). (if with another, say the word out loud once.)
- You can alternate between this word, the name of Jesus, and the larger Scripture passage as you desire.
- When your timer goes off, read slowly out loud the Scripture passage. Finish with a slow *Glory Be* or hymn. Reverence the Sacred Word with a kiss. Blow out your candle.
- Carry the word that pierced you throughout the day, chewing on it like a piece of rich meat. Breathe the name of “Jesus” when you remember.